Clenbuterol hydrochloride (Clen)

Clenbuterol hydrochloride in growth came from the desire to increase fat burning, a burst of energy and stimulate the metabolism in the cell, causing an increase in the breakdown of glucose into energy.

From models and body builders to the daily work of professionals, Everyone just wants to cut, fit the body.

Finding the **right combination of exercise and body supplements** is often a slope shift.

The product Clenbuterol hydrochloride, found under brands like Oxibron, Spiropent or Ventipulmin, has developed into a popular supplement and injection used for these reasons.

However, for those who want to start taking HCL clenbuterol tablets for weight loss, it is necessary to understand not only the benefits, but **side effects** as well.

![Image of Clenbuterol tablets](image)

What is Clenbuterol Hydrochloride Injection?

Clenbuterol HCL is formulated by oral sex, liquid syrup or injection treatment designed to help with some breathing disorders, including asthma.

This is the main goal of Clen and how it came into production.

As an asthma medication, It is most often given in the form of a concentrated syrup, but it can also be administered as a gel (as a Claire gel product for horses) or as a spray pen (ClenPen).

Studies have shown that it worked by stimulating beta-2 adrenergic receptors found inside the body.

By stimulating the receptors it dramatically increases the metabolic activity that occurs inside the cell, causing an increase in the breakdown of glucose into energy.
When this happens, it increases the temperature of the internal body by increasing the cellular heat. This occurs inside the mitochondrial cell. This area of cells is what is responsible for almost all the heat production inside the body.

By converting to raise the temperature of the body, it increases the speed of the body of the churn through fat and converts it into fuel.

With clenbuterol hydrochloride tablets, liquid syrup or injection. This allows the body to avoid burning through muscle tissue for energy and is focused primarily on adipose tissue. Although there may be some minor muscle loss through the intake of muscle tissue (which is normal in any workout), the amount of muscle mass lost is significantly reduced during exercise.

**Benefits of Clenbuterol HCL**

- The major **benefits from oral clenbuterol hydrochloride** tablets This is quite straightforward.
- It helps to open the obstructed airways, which makes it bronchodilator. It works as beta-2 receptor agonists in the sympathetic nervous system.
- Although mainly intended to reduce the problem of asthma and COPD, when used for weight loss, the product helps increase metabolic activity, which leads to increased lipolysis, or fat loss.
- It also helps to produce muscle mass, so for people who want to get thin, tore the look instead of more muscle, bulky appearance, this is a desirable product.
- Anabolic steroids can produce this particular look at a faster rate and with an excellent speed of success.
- Although Clenbuterol hydrochloride liquid is generally not prohibited by most sports leagues, so that if any steroids are banned during training or competing, this provides the desired option.

![Image](clenbuterol-hydrochloride-tablets-liquid-syrup-or-injection)

**What are the side effects of clenbuterol hydrochloride?**

When working with a powerful supplement, liquid or injection such as this, there is almost always going to be some kind of side effects that makes using the product with care, which is much more important.

But before we discuss what a potential drawback is, we briefly note another drawback, namely: the potential legal risks associated with importing and consuming Clenbuterol. Carefully study
the laws of your country, because there are significant differences between countries. To give you a feeling, Clenbuterol is a legitimate one in Thailand with a prescription, although it is completely banned by South Africa.

- Now, the side effects are going to be on the individual and the size of the supplements that they take depending.
- Like most reviews of Clenbuterol Hydrochloride indicate, side effects can be controlled as long as the taking practice is responsible.
- The most common side effect is a nervous feeling and insomnia. Like consuming too much caffeine in a short period of time.
- Cramps This is another common side effect, so it is not advisable to use the product immediately before any workout or sports activity.
- In order to reduce the likelihood of these side effects, or at least help reduce these side effects, it is important to increase daily fluid intake.
- Drinking more water helps to move the product through the system faster, so do not sit and linger in the flow of blood and stomach.

It is this to sit and linger that causes convulsions and feelings.

**Clenbuterol caused cardiac hypertrophy?**

Clenbuterol Hydrochloride Results Hypertrophy of the heart can occur when taking high doses of clenbuterol hydrochloride for prolonged periods of time as well. With cells that require more energy can cause the heart to beat faster, resulting in this more serious side effect. Because of this, anyone who currently suffers from any kind of heart or condition of the cardiovascular system should avoid using the supplement.

The supplementation will come with a dosage, so following with these instructions is vital in preventing serious side effects. Also, widespread use of the supplement can lead to cardiac events. With this in mind, supplementation, injection, fluid or other dosages should primarily be used to prepare for an upcoming event or to help the body achieve a certain state of fit before moving from the supplement.

**Dosage**

The dosage for injection of clenbuterol hydrochloride, tablet or liquid may vary, depending on the manufacturer and recommendation. The most common dosage cycle is to withdraw the product for two weeks in a row, and then two weeks.
This should continue every two weeks until the body reaches the desired fitness level. The first two weeks begin with a small dose, in order to allow the body to be used for a new supplement. During the second week, two dosing period, then you can use a large dose. Another common dosage method is to constantly use the product, but to start with a very small dose and increase the amount slowly every two or three weeks if necessary.

So, the early dose level can start with 20 MCG and then eventually go to 40 MCG amount. Some more experienced bodybuilders will increase the dosage to 80mcg or 120mcg per day. Taking this much can cause serious side effects in some users, as there may be significant differences in levels of individual tolerability.

For women and men, the maximum recommended dosage of Clen HCL is 40mg daily, early in the day with water. You do not want to take this product with food, like insulin that your body will excrete in response to dinner will counteract the effects of the drug.

There are some advantages, it is highly desirable to use clenbuterol hydrochloride.

However, it is important to always consider the side effects associated with the application and go from there in determining how to use supplements and for how long.

Side effects can be avoided mostly by carefully following the recommended dosage instructions and to avoid constant use of the supplement for long periods of time.