

Steroids and Women

Many people think that steroids for women are strange and it can be dangerous. Whenever someone talks about steroids, the first thing comes to mind is that male bodybuilders. The relationship between women and steroids is significant and a large number of people does not understand that. They think that steroids are only made for men. It is true that the number of men using steroids is much higher than that of women and finding female steroid users is a bit difficult.

Virilization

Virilization is one of the main reason why people think steroids are harmful for women. Virilization means developing male characteristics in females. These characteristics includes heavy voices, enlargement of clitoris and growth of facial hairs. This effect occurs when the amount of testosterone in the female body reaches the amount of testosterone of the male body.

These effects do not mean that women should never take any steroids especially anabolic ones but prior to taking, they should do their homework and completely understand how their body is functioning and how it would function after the administration of anabolic steroids in the body. Female can avoid the effects of Virilization by either by taking anabolic which have low probability of showing Virilization effect or by immediately discontinuing the use if the symptoms are experienced.

Not Just Body Builders

The fact that only female body builders use anabolic steroids is completely wrong because there are a lot of women who use for their physique in order to stay fit. Physique models are the most common example of non-bodybuilder females who use anabolic steroids. Models who wear bikini are also the users of anabolic steroids to keep their body toned.

Apart from models and bikini users, the female athletes are also the frequent users of anabolic steroids. They supplement the steroids with their diet in order to enhance their strength and performance. Some celebrities also use steroids for the purpose of looking young. You might have seen some female celebrities who gets better with age. Do you think that it is because of plastic surgery or other cosmetics? No, they take steroids which make them look better time to time.

Week	Anavar	Clenbuterol	Nolvadex
1	10mg/ed	20mcg/ed	
2	10mg/ed	40mcg/ed	
3	10mg/ed	40mcg/ed	
4	10mg/ed	60mcg/ed	
5	10mg/ed	60mcg/ed	
6	10mg/ed	80mcg/ed	10mg/ed
7		80mcg/ed	10mg/ed