

Steroids for Women

Just like men, women are also very much interested in taking steroids. The reason could be anything. One of the most common reason is to get slim and muscular look and remove the extra fat from the body. As compared to men, women are much concerned about the way their body looks therefore a large number of women consume steroids and the number is increasing day by day.

Since all the anabolic steroids possess some side effects which suggests that building the body and enhancing the muscle strength comes at a price. Apart from anabolic effects, there are some androgenic effects of steroids as well which means that the sexual characteristics of females can also change.

Which steroid is better?

Identifying the steroids that is best for your body is never an easy task. This can get much difficult when it comes to women. The primary reason for that is the side effects that the steroids possess. These side effects occur much significantly in women as compared to men. Since all the anabolic steroids have a higher level of testosterone, a hormone in male body, therefore the chance of experiencing Virilization effect in female is significantly higher because testosterone in women body is very low.

Keeping that in mind, females have to take those steroids which possess very little to none androgenic side effects. These anabolic steroids are very mild but they can still be effective in improving the body strength and getting rid of body fat. There are basically three common anabolic steroids that can fulfill the needs of females with very low side effects. These anabolic steroids are:

- Anavar (Oxandrolone);
- Primobolan (Methenolone-Enanthate/ Methenolone-Acetate);
- Winstrol (Stanozolol).

Anavar

Anavar is available in oral form and it is highly efficient even when it is taken in lower doses. The price of Anavar is high but it is much effective when it comes to cutting cycle. females should not expect muscular look from Anavar as it is best for cutting cycle. The recommended and effective dose of Anavar is around 10 mg per day and the duration of cycle must be 12 weeks. To minimize the estrogen related side effects, Nolvadex or Clenbuterol is recommended.

Primobolan

Primobolan is exceptional when it comes to bulking cycle. the amount of muscle gain from the use of Primobolan is tremendous. The gains will be gradual and slow but they would be quality

gains and would stay for longer period of time. It is available in both oral and injectable forms. It is good for women because it does not require higher dose to provide greater muscle gains. The recommended dose for women is 50 to 70 mg per day. This dose would keep the females safe from side effects such as Virilization.

Winstrol

Winstrol is another steroid that is commonly used by women for their cutting cycle. this is highly preferred by females because it does not increase the body weight and is highly effective in cutting purpose. It shows the results within first few weeks. The side effects of winstrol are mild to none. The recommended dose of winstrol for women is 5 to 10 mg per day. The cycle duration of winstrol is around 6 weeks.

The proper use of any steroid with the right dosage and the post cycle therapy can be very beneficial for any women and the side effects would be mild. It can avoid any health discrepancy in women. Pregnant and breast feeding women should never take any steroid.